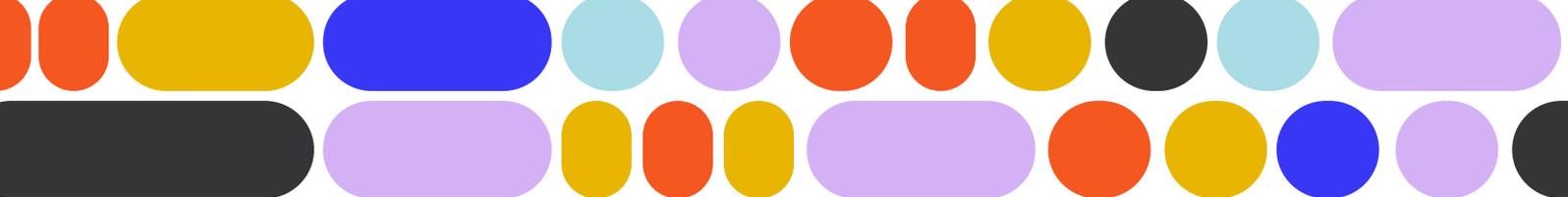


*Devoted

Awaken


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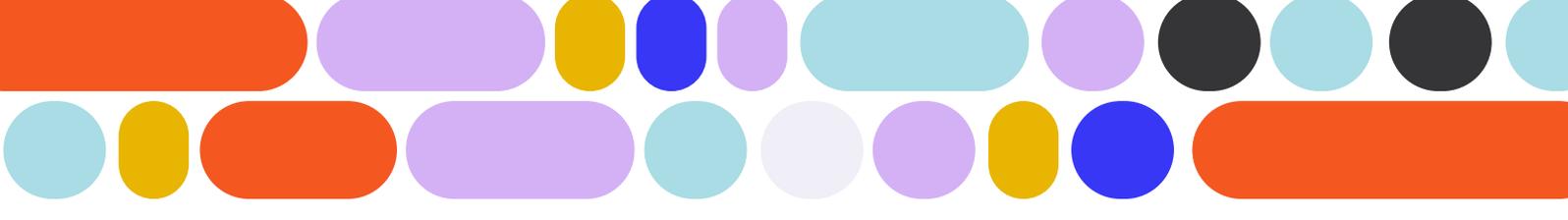


Awaken

to God, always at work in your life.

General guideline:

1. Memorize the “grace” for the week. Pray it as often as you think of it.
2. Read your daily Scripture passage carefully. Repeat it a second time. Sit quietly for 15 minutes and think/meditate on the passage. Read the Scripture passage carefully again. Think quietly for 10 minutes on the passage. Thank God for His Word. Write down what you think God is saying to you through the passage.
3. At the end of the day, reflect on how God used the Scripture passage in your day.



Week 1

Theme for the week: My image of God

Weekly Grace: God reveal who You truly are.

Day 1 Luke 11:1–13: How much more will God...

Day 2 Luke 12:22–34: How much are we worth...

Day 3 Isaiah 43:1–4: I will always be with you...

Day 4 Col 1: 15 – 20: The Image of God...

Day 5 Psalm 23: The Lord is my Shepherd...

Day 6 Psalm 121: God is my refuge...

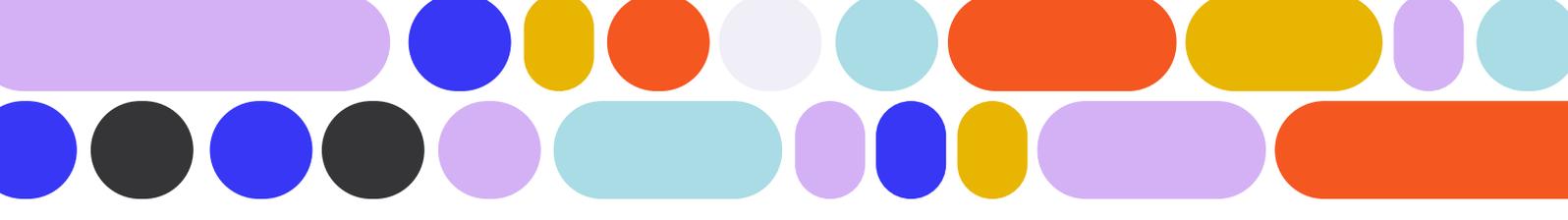
We can only approach God without hesitancy when we believe He is good and He cares deeply about us.

Practice: Write down all the false ideas and perceptions you have about God. Take 15 minutes this week and pray, asking God to rectify your image of who He is.

Additional reading: Psalm 91; Psalm 131 and Romans 8:31–39

Questions for discussion:

1. What was your first picture of God?
2. What is your church history?
3. What is your favourite Scripture?
4. What role did my parents play in my spiritual development?
5. What perceptions do I need to change, regarding my image of God?



Week 2

Theme for the week: God wants to bless me with His favour.

Weekly Grace: Lord help me to receive your love, grace and favour...

Day 1 John 3:16-17: God loves me, even though I am a broken human being.

Day 2 Isaiah 49:14-18: You are precious in the eyes of God.

Day 3 Luke 15:11-35: The loving Father awaits.

Day 4 Numbers 6: 22 – 27: God's blessing over us.

Day 5 Zephaniah 3:17: He rejoices over you.

Day 6 Ephesians 3: 14 – 21: His grace is more than we can dream or imagine.

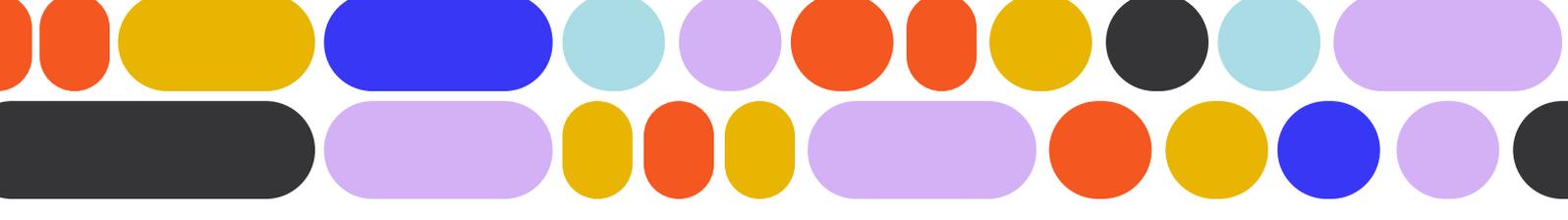
Start living with an awareness that you are the beloved of God. Allow that to transform your life on a deeper level.

Practice: Take 10 minutes every day and ask God to reveal to you, what He sees when He looks at you. May you see yourself through the eyes of God.

Additional reading: Psalm 139:13-16; 2 Cor 12:9; Eph 2:4-10

Questions for discussion:

1. How do I see myself?
2. How do others see me?
3. What do I believe God sees when He looks at me?
4. Do I believe the Bible, when it says that God wants to bless me with favour?
5. What can I do to experience more of God's love?



Week 3

Theme for the week: The work on the Cross

Weekly Grace: Lord, thank you for paying for my sins on the Cross

Dag 1 Romans 5:12–21: Grace comes only through Christ...

Dag 2 Romans 3:21–26: God saves through Christ...

Dag 3 Hebrews 12:4–10: Don't give in to sin...

Dag 4 James 1:14–18: The truth of God brings life...

Dag 5 Galatians 4:1–7: God's forgiveness make us His children and heirs...

Dag 6 1 John 1:5–9: If we confess our sins we are forgiven...

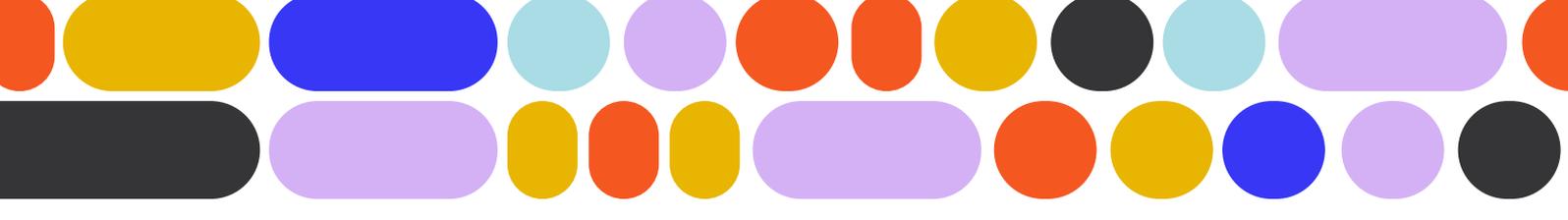
We all sin, but we can live with freedom if we confess our sins and receive grace through Jesus Christ. He paid for our sins on the cross.

Practice: Take an inventory of your sin. Take time to confess your sins to Christ. If you feel bold enough, speak to a friend about your sin and ask them to pray with you.

Additional reading: Romans 6, James 5:16

Questions for discussion:

1. How do you feel about the word “sin”?
2. What is your understanding of grace?
3. Do you realise the significance of what Christ did on the cross?
4. To whom have you confessed your sins lately?
5. Is there someone that you need to forgive?



Week 4

Theme for the week: Habits of Jesus – Fasting

Weekly Grace: Lord, sustain me through your Word

- Day 1** 1 Peter 2:11–12: Abstain from your sinful desires...
- Day 2** Luke 4:1–4: Jesus fasts for 40 days and 40 nights.
- Day 3** Mark 6:16–18: Jesus teaches about fasting.
- Day 4** Rom 16:18 & Phil 3: 19: We are more than our sinful desires.
- Day 5** Matthew 9:14 – 17: A Time to fast...
- Day 6** Acts 9:1–9: Paul’s reaction after meeting Jesus.

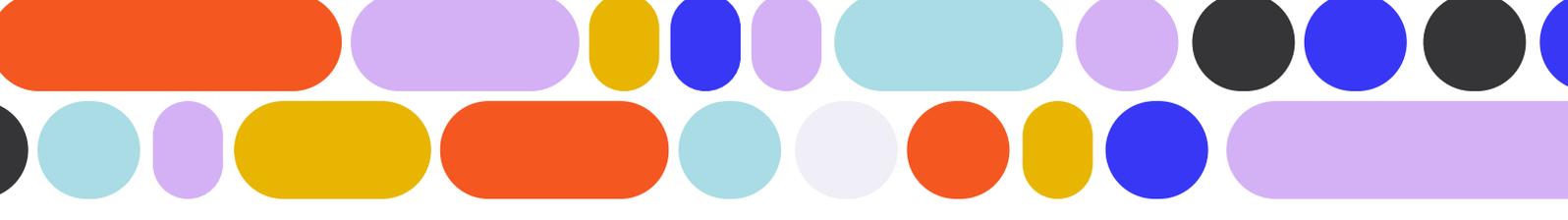
Jesus establishes certain habits in His life to assist Him in maintaining a vibrant relationship with His Father. Before He starts His ministry He fasts.

Practice: In this week, fast for one day. From sunset to sunset. Pray during the times that you would usually eat.

Additional reading: Dan 10; Deut 9:9; 1 Kings 19:8

Questions for discussion:

1. How comfortable are you with fasting?
2. What would be your goal with fasting?
3. What do you see as the advantages of regular fasting?
4. How can you start to incorporate fasting into your life?



Week 5

Theme for the week: Habits of Jesus – Radical Inclusivity

Weekly Grace: Lord free me from being judgmental towards others.

Day 1 John 4:1–26: Jesus mixes with a Samaritan women.

Day 2 John 4:27–42: The acceptance of Jesus brings salvation.

Day 3 Matthew 7:– 5: “Don’t judge” is core to acceptance.

Day 4 Luke 19:1–10: Jesus accepts Zacheus.

Day 5 Luke 18:15–17: Jesus includes the children.

Day 6 Luke 7:36–50: Jesus anointed by a sex worker.

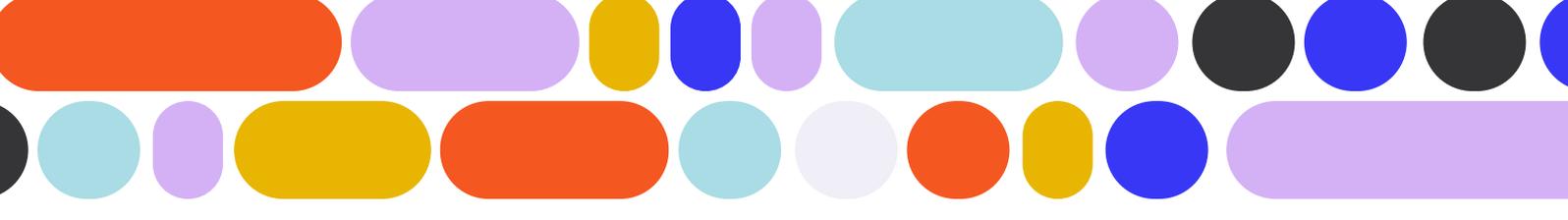
Jesus lives radically inclusive. He practices acceptance. We must follow His example and accept those that cross our path.

Practice: As you go through the week, become aware of your posture towards others. Accept people who you would normally reject.

Additional reading: : Matthew 5: –13 (Sermon on the Mount)

Questions for discussion:

1. How do you feel about Jesus being radically inclusive?
2. Which people do you struggle to accept?
3. Is there someone who you need to include into your life, that you have been rejecting?
4. What role does boundaries play in acceptance?



Week 6

Theme for the week: Habits of Jesus – Hospitality

Weekly Grace: Lord teach us to make others feel welcome

Day 1 John 2: 1 – 12: The first miracle of Jesus...

Day 2 Matthew 11: 25 – 29: Jesus invites us...

Day 3 Matthew 14: 13 – 21: Jesus feeds people...

Day 4 Mark 14: 3 – 9: Jesus receives hospitality...

Day 5 Luke 5: 27 – 32: The big party...

Day 6 Luke 8: 1 – 3: The hospitality of women that take care of Jesus...

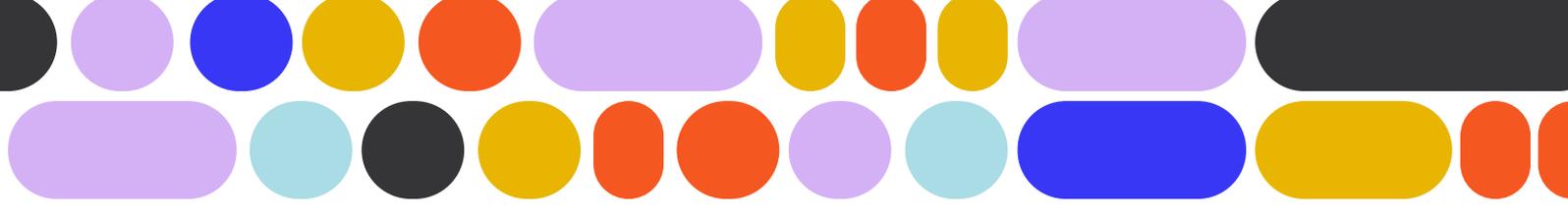
Jesus is always on His way to a meal, or from a meal, or busy with a meal. Hospitality is a part of the life of Jesus. He provides it and receives it.

Practice: Be hospitable towards others this week. Invite someone for a coffee or a meal.

Additional reading: Luke 12:22–34 (God provides through His hospitality)

Questions for discussion:

1. What does hospitality look like?
2. What do you think of the hospitality of Jesus in Luke 15:1?
3. How intentional are you with hospitality?
4. What is the role of the church regarding hospitality?
5. How do we as a church become better with hospitality?



Week 7

Theme for the week: Habits of Jesus – Sacrifice

Weekly Grace: Lord, show me where I need to make sacrifices in my life.

Day 1 Mark 8:35: Sacrifice your life

Day 2 John 13:1–17: Jesus washes the feet of the disciples...

Day 3 John 1: 29 & 1 Cor 5:17 – Jesus is the lamb sacrificed...

Day 4 Romans 12:1–2 & Eph 5:2 A living fragrant sacrifice...

Day 5 Hebrews 9:27–28: The power of the sacrifice of Jesus...

Day 6 Luke 9:23: To follow Jesus is a sacrifice...

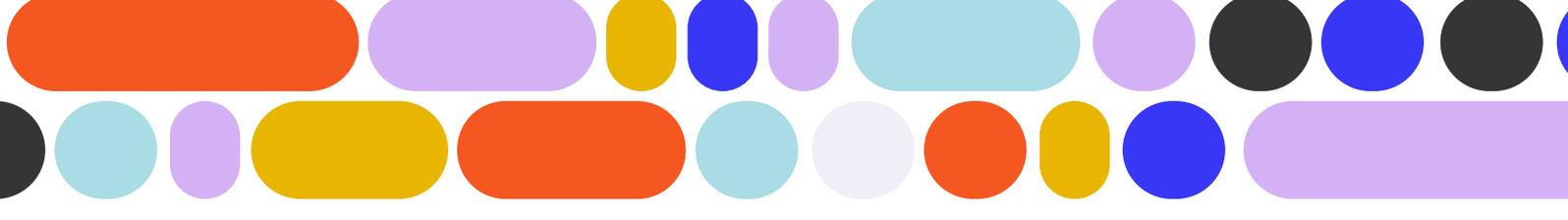
Jesus sacrifices it all for us and we do the same by surrendering our lives to Him.

Practice: During this week, embrace the discomfort of sacrifice, by giving something up, to the benefit of someone else.

Additional reading: Heb 13:16 & 1 Joh 4: 10

Questions for discussion:

1. What is your understanding of the sacrifice of Christ?
2. Do you believe in sacrificing your comfort for the benefit of others?
3. Study the life of Polycarp – internet search – what have you learned?
4. What do you sacrifice for Christ?
5. What can we as a church sacrifice to serve others better?



Week 8

Theme for the week: Habits of Jesus: Celebration

Weekly Grace: Lord help to celebrate life and live with joy.

Day 1 Luke 19:35–40: Hosanna, the stones will rejoice.

Day 2 Acts 3:1–10: Full of joy and celebration.

Day 3 Revelation 19:1–10: Final celebration with Christ.

Day 4 Acts 5:40–42: Celebrating suffering.

Day 5 Luke 6:20–23: We celebrate worldly rejection.

Day 6 Psalm 148–Psalm 150: Everything that has breath, celebrate.

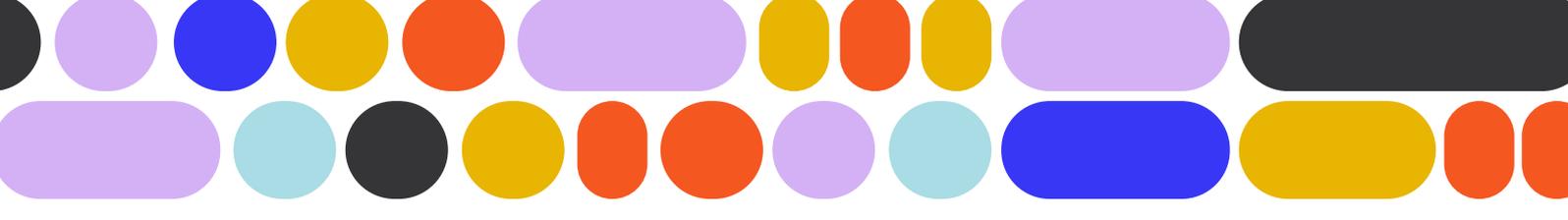
To celebrate the fullness of life is the true way to joy.

Practice: In the coming week, do something that you enjoy and that will bring you deep joy.

Additional reading: 2 Samuel 6:12–16 & Deut 14:22–29

Questions for discussion:

1. Do you enjoy your life?
2. Do you experience deep joy?
3. How well do you celebrate achievements and milestones?
4. Are you comfortable with celebrating in the presence of the Lord?
5. How can you grow in celebration?



Week 9

Theme for the week: Creed of the Church for 1700 years (Nicene Creed)

Weekly Grace: Jesus, solidify my belief in you, through the creed of the Church.

- Day 1** We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.
- Day 2** We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us men and for our salvation he came down from heaven;
- Day 3** by the power of the Holy Spirit he became incarnate of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.
- Day 4** We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.
- Day 5** We believe in one holy catholic/universal and apostolic Church.
- Day 6** We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

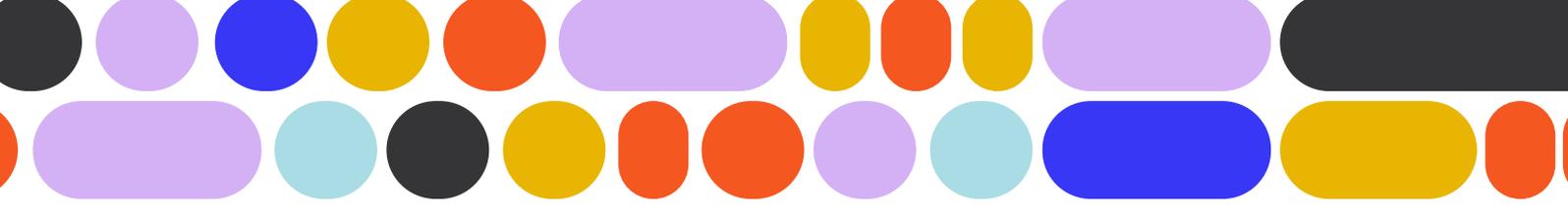
The Holy Spirit leads the Church in 325AD to the Nicene Creed.

Practice: Memorise the Nicene Creed.

Additional reading: 1 Corinthians 15

Questions for discussion:

1. Do you believe the fullness of the Nicene Creed?
2. Ask God to help you with the parts that you struggle.



Week 10

Theme for the week: In our hands – The future of the Church

Weekly Grace: Lord, help us to be the pillars of the future Church.

Day 1 Acts 1:8 Our Mandate...

Day 2 Acts 2:37–47 Living the Mandate...

Day 3 Matthew 9: 36–37 Lord let our hearts break for you children...

Day 4 Acts 4:13 The Church full of boldness and courage...

Day 5 Acts 4:23–32 The Church alive...

Day 6 Matt 16:18 Jesus builds His Church and we will conquer evil and darkness.

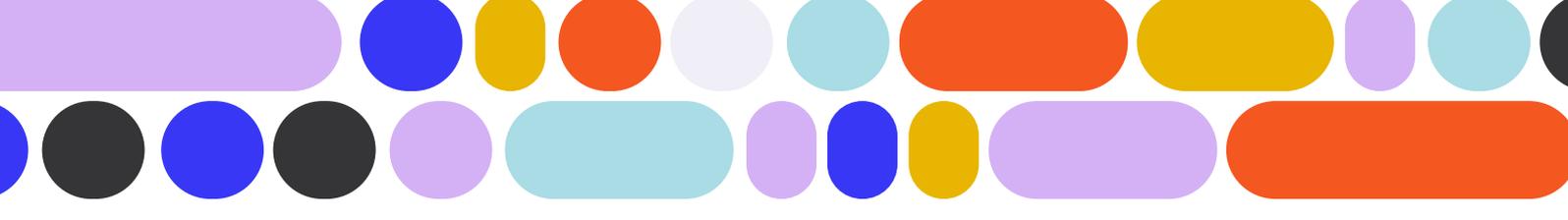
Jesus gives us the Church. We are His body and now the stewards of the message of the Kingdom of God.

Practice: Study the Patristics of the early Church.

Additional reading: Revelation 2 – 4 The seven Churches.

Questions for discussion:

1. What does church mean to you?
2. What is your history with church?
3. How do you feel about Ruimsig Community?
4. What plan does Jesus have with the Church?
5. What is your role in the Church



Week 11

Theme for the week: A life that matters

Weekly Grace: Lord I want my life to serve your calling for me.

Day 1 Isaiah 6:1–8: How do you respond to God’s call?

Day 2 Matthew 6:33–34: Seek first the call of God...

Day 3 Eph 4:1–6: Live a life worthy of your calling...

Day 4 Phil 2:1–11: How did Christ live His calling...

Day 5 1 Pet 3:15–16 & 1 Pet 4:10–11: Witness and use your gifts...

Day 6 Matthew 11:28–30: Your calling starts with Jesus and His yoke...

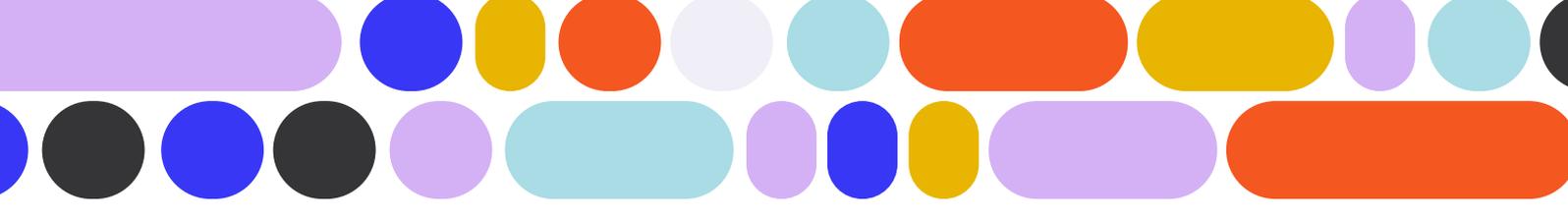
If we follow Jesus, we are called to act upon His behalf here on earth. We must constantly seek and listen to the call.

Practice: Write down your calling as you understand it. Pray with others about your calling.

Additional reading: 1 Cor 7:17–24; 2 Pet 1:10

Questions for discussion:

1. What is your view of calling?
2. Have you experienced that God calls you for something specific?
3. Are you actively working on your calling?
4. Where does your calling fit into the church?
5. What are the next steps for your calling?



Week 12

Theme for the week: The freedom to say YES.

Weekly Grace: Lord give me the freedom to obey your voice.

Day 1 Genesis 12:1–9: Abraham says yes!

Day 2 Luke 1: 26– 38: Mary says yes!

Day 3 Romans 12:1–8: Don't conform to this world.

Day 4 Phil 3:7–16: Paul says yes!

Day 5 2 Cor 3:18: Be transformed when saying yes.

Day 6 John 3:22–30: John the Baptist says yes!

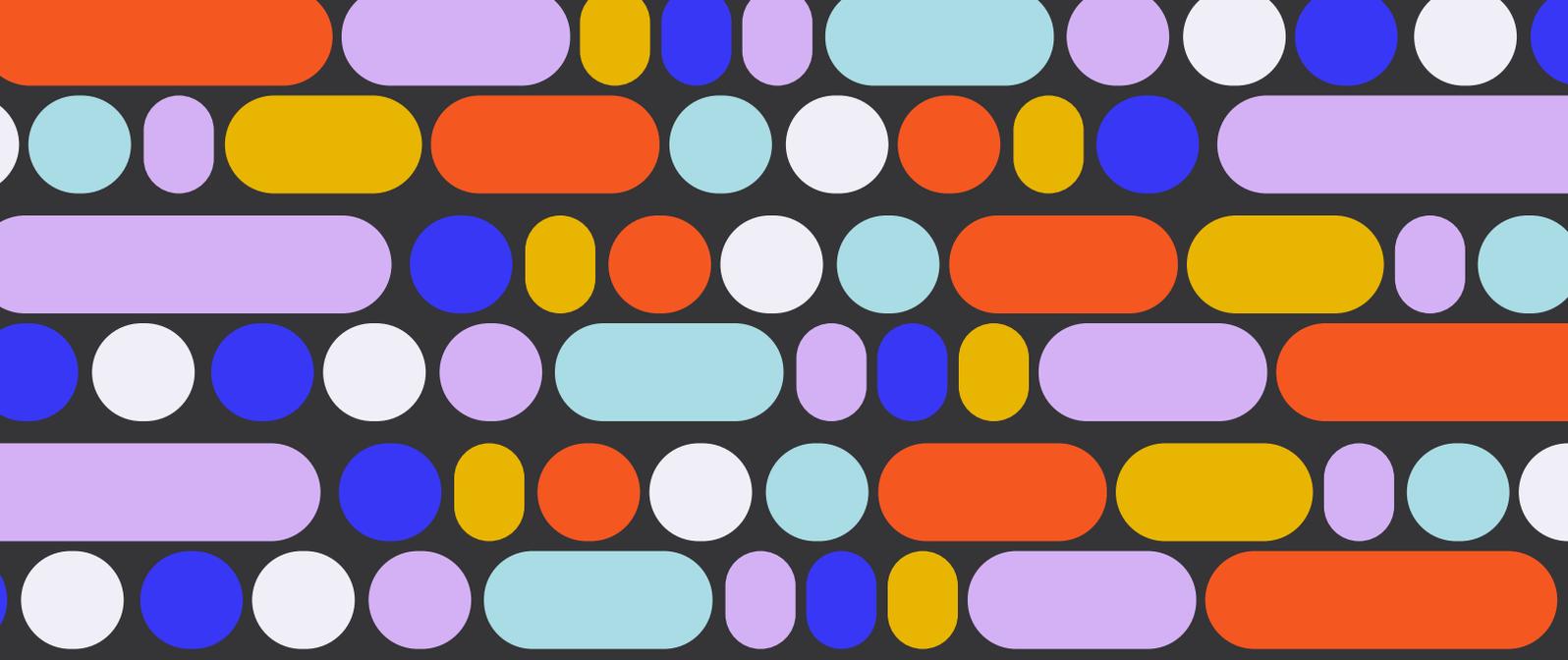
We accept that we are sent; to live missionally means we cross boundaries; we live with open hands to receive and to be able to give; we live with awareness and intentionality in this world; we share not only what we have, but the good news of God's saving power as well. I say YES! regardless of what the consequences may be.

Practice: If you become aware of God asking you to do something this week, say Yes

Additional reading: Mark 10:17–27

Questions for discussion:

1. Have you experienced God asking you to do something?
2. What prevents you from saying yes to God?
3. Have you said yes to God before? How did you feel?
4. What must you do, to be ready to say yes?
5. Do you know someone who can easily say yes to God? What do their lives look like?



011 764 1699 | info@ruimsig.com | ruimsig.com

